

Understanding Psychotropic Medications: Safe Use in Long Term Care



Psychotropic medications play a vital role in managing mental health and behavioral symptoms in residents, but they must be used thoughtfully, safely, and in accordance with regulatory standards. These medications can improve quality of life when used appropriately, but misuse or overuse can lead to serious side effects, decreased functioning, or regulatory citations.

Healthcare workers are on the front lines of monitoring, documenting, and communicating changes in residents who take these medications.

Understanding their purpose, risks, and safe administration practices helps ensure that every resident receives care that is both compassionate and compliant.

Learning Objectives

- Define psychotropic medications and their major categories.
- Identify common psychotropic drugs and their uses in long-term care.
- Apply safe medication administration and monitoring practices.
- Recognize side effects and behavioral changes that require prompt reporting.
- Support person-centered, regulatory-compliant care related to psychotropic medication use.



Want to see more?

Reach out to your Account Manager to learn more about this course and add it to your current training program.